



HighlandGriffith
CHAMBER OF COMMERCE

Promoting Good Business

Member Happenings

HIGHLANDGRIFFITHCHAMBER.COM

GOODWILL GRIFFITH CAREER CENTER

May

2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
GOODWILL INDUSTRIES WEEK MAY 6TH-10TH						
		1	2	3	4	5
Goodness of Goodwill Giveaway 11-2 6	Skills to Succeed Academy Training Workshop 11-12 7	Goodwill Store Hiring Event 11-12 8	Donuts & Dialogue Workshop 11-12 9	Digital Skills & Job Search Workshop 11-12 10	11	
13	Skills to Succeed Academy Training Workshop 11-12 14	Email Virtual Workshop 11-12 15	16	17	18	19
20	Skills to Succeed Academy Training Workshop 11-12 21	Email Virtual Workshop 11-12 22	23	24	25	26
Closed Memorial Day 27	Skills to Succeed Academy Training Workshop 11-12 28	29	30	31	1	2

Northstar Digital Literacy and Google Digital Skills Training and assessments are available Monday –Friday 10am-4pm. Certificates awarded upon demonstrated competency at each level. No appointment necessary,

Contact:
 Griffith Career Center Manager
 Yiaakeshia Herma
 Phone: 219 513-9307 ext. 7409
 Email: yherma@goodwill-ni.org



JOIN MOD IN SUPPORTING
Highland Hurricanes Swim Club

Monday, May 20th • All Day

Bring in this flyer and MOD will donate 20%
of your bill to support their great work!



MOD PIZZA • Highland
10441B Indianapolis Blvd.
Highland, IN 46322
(219)301-7915

Offer valid only on the date(s) and at the MOD location identified on this flyer. Only non-profit organizations and non-profit schools are eligible to participate in the MOD fundraising program. MOD will donate **20%** of food and beverage sales to the organization. Tax, gift cards and retail sales are excluded from the donation. Offer valid for dine in, take out or phone orders. Not valid for online orders. Offer void if the flyer is distributed in or near the restaurant. For more information about fundraising, visit <https://modpizza.com/fundraisers/>



Mental Health Awareness:

Healthy Mind Healthy Body

HEALTHY MIND, HEALTHY BODY SYMPOSIUM

Wednesday, May 22 • 5 - 8 PM

The Center for Visual and Performing Arts
1040 Ridge Road, Munster

**Spring is a great time to be
mindful of your mental health.**

Behavioral Health Services of Community Healthcare System is hosting a FREE symposium, "Healthy Mind, Healthy Body," to:

- Break the stigma of mental illness
- Hear about the mind/body connection
- Learn how physical and mental illnesses influence one another
- Get information on treatments/therapies
- Take in mindful meditation and relaxation demonstrations

Activities include:

- Information Booths
- Refreshments
- Giveaways

Mind-Body Connection:

Marie "Mari" Macke, Director
Jennifer Jimenez, Nurse Practitioner
Behavioral Health Services
Community Healthcare System

Mindful Meditation:

Becca Adduci
Licensed Clinical Social Worker
Lotus Wellness Collective

Mental Health Treatments- An Overview:

Joseph Fanelli, MD, Medical Director
Behavioral Health Services
Community Healthcare System

Fighting the Stigma of Mental Illness:

Kate Vena, Licensed Clinical Social Worker
National Alliance on Mental Health

Transforming Pain to Power

Aimee Boswinkle, Health Coach
Certified Reiki Master Teacher

Q/A Panel: Elevate the Conversation with:

Joseph Fanelli, MD, Psychiatrist
Isabelle West, Licensed Mental Health Counselor
Mental Health America of Northwest Indiana representative

**This program is FREE.
Registration is required.
Call 219-836-3477 or 866-836-3477.**



Frank J. Mrvan, North Township Trustee

CRUISE NIGHT AT Wicker Park

EXOTIC, MUSCLE AND COLLECTOR CARS
2215 Ridge Road, Highland, IN

Wednesdays
5-8PM



May 22nd
June 26th
July 24th
Aug 28th
Sept 25th

for more info, call 219-932-2530 x331
PARKING IS LIMITED!

The Highland Historical Society

will host

Ken Leep

Presenting the



“History of the Pleasant View Dairy”

Thursday, May 23, 2019

7:00 p.m. – Room 108-09

The Lincoln Center - 2450 Lincoln Street, Highland.

Nicholas E. “Bud” and Hilda Leep began their dairy business on a farm near Lowell, Indiana in 1928, producing milk for the wholesale market. They started the retail business in 1932 in Highland, and the first dairy plant was built in 1934 on U.S. 41. Later the business expanded with the construction of a new larger plant in 1948 at 2625 Highway Ave. which is still in operation today. Pleasant View’s retail business is now in its 87th year and celebrating 91 years since its founding. Come listen to Ken Leep, son of the founders, tell about his parent’s humble beginnings and the many business hardships the family encountered along the way. Ken will take us from farm to milk store, to dairy plant, home delivery business on through to the present day success of one of The Calumet Region’s oldest and well known business, which is still family owned and operated.

Ken has lived the dairy business all his life and has a great story to share. Please join us for an interesting and entertaining evening of true American entrepreneurship.



All are invited to attend. Free program.

Refreshments will be served at the close of the evening.

Chapel Lawn Funeral Home & Memorial Gardens Presents Freedom 5k Fun Run & Walk



Sunday, May 26, 2019, 8:00 A.M.

Chapel Lawn Funeral Home and Memorial Gardens

8178 Cline Avenue, Crown Point, IN 46307

219-365-9554

7:15 AM— ARRIVAL

8:00 AM—RUNNERS START

8:20 AM— WALKERS START

Honor our Nations heroes this Memorial Day weekend by participating in the Freedom 5K Fun Run & Walk at Chapel Lawn Funeral Home & Memorial Gardens.

All Age Groups are welcome!

Post Race Leg Massages

Refreshments and Snacks will be provided following the race

Donations will be collected for the American Veterans Motorcycle Riders Association.



NAME: _____

ADDRESS: _____

PHONE: _____ EMAIL: _____

Waiver Statement:

I attest and verify that, the undersigned, intending to be legally bound, hereby for myself, and my heirs, successors and assigns, release any and all claims for losses and damages, attorney fees, court cost and cost of collection which I or the below named entrant may have now or in the future against any of the sponsors or organizers of this event, Chapel Lawn Memorial Gardens Freedom 5K Fun Run & Walk, their trustees, officers, directors, appointees, agents, employees, volunteers arising out of or in connection with this event. I attest and verify I am physically fit and have sufficiently trained for the completion of this event and that my physical condition has been verified by a licensed medical doctor. I grant full permission to any and all of the foregoing to use any photographs and other records of this event for any legitimate purpose

SIGNATURE: _____



Lunch & Learn

Medicare at a Glance 2019

Speaker Cristel Snow

Area Manager, SHIP (State Health Assistance Program)

Please join us for a presentation on
Medicare updates for 2019 including Part D, qualifications and resources.

WEDNESDAY, MAY 29

Door opens at 11:30 am. Lunch is served at 12 pm.

Hartsfield Village • Independent Living Entrance
10000 Columbia Ave, Munster, IN

Limited seating. RSVP required.

Please call 219-836-3477 or 866-836-3477 to reserve your spot today.



Living Well. Living Wise.





GRIFFITH-CALUMET TWP.
BRANCH LIBRARY

SciFi Fest



SUMMER READING
KICK-OFF
JUNE 1, 2019
FROM 1-2 PM



G&G HOBBIES, CREATIVE COMICS, GRIFFITH ROBOTIC TEAM,
R2-D2, SNACKS, CRAFTS, GAMES, AND OUT OF THIS WORLD
SURPRISES. FOR MORE INFO : (219)838-2825.

1215 E. 45th Avenue, Griffith, IN 46319



Highland Main Street Presents

DOWNTOWN HIGHLAND

Car Cruise

SATURDAY, JUNE 1

1:00 pm to 5:00 pm

FUN
for the whole
FAMILY!

NO Burn Outs
NO Open Beer on the Streets

FREE to Participants and Spectators!

— AWARDS —

1 Thomas Dodge Award
19 Sponsor Choice Awards

For more information call

219-972-7598

or email

lryskamp@highland.in.gov

— LOCATION —

Highway Avenue

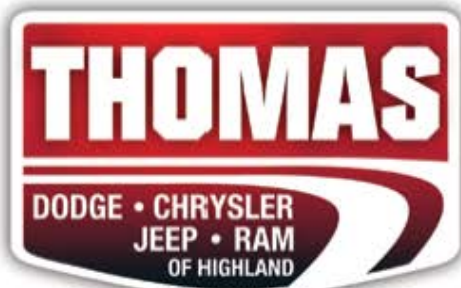
[Kennedy Avenue to Fifth Street]

ARRIVING EARLY

Spectators Park at Main Square Parking Lot

Thank You To Our Car Cruise Sponsors

Presenting Sponsor



219.924.6100

Platinum Sponsors



Gold Sponsors



Welcome to Highland Main Street



**Want to Make a Difference?
Then Join Us**

Highland Main Street meets the 1st Thursday of the month at 6:30 pm at Highland Town Hall. HMS is made up of volunteers & business owners who want to promote, revitalize and restore Downtown Highland through events, promotions and art.

WHAT DOES HIGHLAND MAIN STREET DO

- * Festival of the Trail
- * Sculpture & Art Walk
- * Poet Laureate
- * Last Call For Summer
- * Downtown Car Cruise
- * Downtown Cash Mobs
- * Pop-Up Art Galleries
- * Downtown Promotion

**WANT TO HELP PROMOTE DOWNTOWN HIGHLAND? If YOU DO,
HIGHLAND MAIN STREET WANTS YOU!**

Contact Lance Ryskamp– Redevelopment Commission Asst.
lryskamp@highland.in.gov / 219-972-7598



SPONSORED BY
FRANK J. MRVAN, NORTH TOWNSHIP TRUSTEE

Family CAMP OUT AT WICKER PARK

**FRIDAY
JUNE 14
OVERNIGHT
6PM - 9AM**

Check in and camp set up starts at 6pm
Movie: "How to Train Your Dragon: The Hidden World"
Starts at Dusk

Registration Fee: North Township Residents/\$5
Out of Township Residents/\$10 | Out of State Residents/\$15
Valid ID Required

Bring your own tent and camping gear.
Park grills available on first come first serve basis.

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Reservations Required
Call: (219) 932-2350 ext. 331





Member Happenings

HIGHLANDGRIFFITHCHAMBER.COM

To have your event in the HighlandGriffith Chamber Member Happenings, send a pdf of your flier or announcement to info@highlandgriffithchamber.com. If possible, send your file at least 2 weeks in advance. Include 'Member Happenings' in the subject line of your email. Member Happenings will go out weekly on Monday.

****This is a free service to HighlandGriffith Chamber Members only. The HighlandGriffith Chamber reserves the right to refuse or edit a digital file. The flier must advertise an event or Chamber Member benefit, not a sale or product. (For example: Benefits, seminars and open houses, or events are acceptable. Advertising a product, listing sales advertisements, or fliers requesting sponsorship are not acceptable.)***