



HighlandGriffith
CHAMBER OF COMMERCE

Promoting Good Business

Member Happenings

HIGHLANDGRIFFITHCHAMBER.COM



HEALTH & WELLNESS CLASSES

Take Control of Your Diabetes

Join NorthShore in the fight against Diabetes by attending one of our
Diabetic Education Groups

JAN
10

DIABETIC EDUCATION GROUP

LAKE STATION HEALTH CENTER AT 1:00 PM

JAN
16

DIABETIC DINER

LAKE STATION HEALTH CENTER AT 2:00 PM

In the **Diabetic Education Group**, participants can learn about controlling their diabetes, celebrating their wins, and receive tips on healthy eating.

In the **Diabetic Diner**, participants can learn about carb counting using nutrition fact labels, an activity, and a bag of groceries to go along with the healthy meal.

For Appointments or More Information Call:

(219) 763-8112 or

Toll free: (888) 313-8557

Visit us at: www.northshorehealth.org

Locations to Serve You:

3564 Scottsdale St., Portage

6450 US Highway 6, Portage

2490 Central Ave., Lake Station

6091 Broadway, Merrillville

6920 Indianapolis Blvd., Hammond

407 W, Indiana Ave., Chesterton

3099 Central Ave., Lake Station (Dental Only)



NorthShore
Health Centers

BOOKS

FINGER
PLAYS

Story Time

HEALTHY
SNACK

MUSIC



JOIN US FOR PAJAMA STORY TIME!

Get into your pajamas and join us for story time. Story Time is tailored towards families with babies through preschool age children.

Dates: January 16, February 20, March 6, April 3, and May 1

Times: 6 pm—7pm

Hosted By:



Location:

**Merrillville Branch of the
Lake County Public Library**

1919 W 81st Ave., Merrillville, IN 46410

**Text to RSVP @ 219-307-1148 or Facebook
page at NWI Family Support- NorthShore
Health Centers**



**Don't forget
your jammies!**



Labor Basics Class

This class is to help expectant parents feel prepared for the labor and birth of their baby

During the class:

- An experienced labor and delivery RN will teach labor basics to the parents
- The class will help expectant parents to feel prepared for bringing their baby into the world

Prenatal/Family Care FREE Education Class



All classes are held at:

Lake Station-New Chicago
Library
2007 Central Ave.
Lake Station, IN 46045

Reserve your seat today:
219-763-8112 X 3131

Date: January 16, 2019

Time: 10:30-12:00



GRIFFITH CAREER CENTER

JOB SEARCH AND NETWORKING WORKSHOP



DATE: WEDNESDAY JANUARY 23RD, 2019

TIME: 11AM - 12PM

LOCATION: GRIFFITH CAREER CENTER

1601 W 45TH AVE. GRIFFITH, IN. 46319

Goodwill
Industries of Michiana, Inc.
Serving Northern Indiana, S.W. Michigan and S.E. Chicagoland

FOR MORE INFO:

P: 219.513.9307 EXT 7409

E: YHERMA@GOODWILL-NI.ORG



Open House

***Committed to
Excellence!***

**Sunday January 27th, 2019
12:00 p.m. to 3:00 p.m.**



Learn all about what makes Our Lady of Grace School a great place to send your children.

OLG School offers:

- o AdvancEd Accredited
 - ✓ Fully Accredited by the State of Indiana
- o State Licensed Faculty and Dedicated Staff
- o 6 Award Winning Teachers on staff
- o Excellent Student/Teacher Ratio
- o Full Academic Curriculum K - 8
- o High Academic Achievement
- o Academic Tutoring
- o Computer Lab and Interactive White Boards
- o Third & Fourth Grade Robotics Club
- o Science Club & Science Olympiad
- o Peer Tutoring
- o Teaching Catholic Faith, Morals and Values
- o Athletics, Art, Band, Chess, Choir, Music Program and Computer Lab
- o Student Council
- o National Junior Honor Society
- o Community Service Projects
- o Full Lunch Program
- o After School Care
- o Full Day Kindergarten
- o Pre-school 4 & 5 year olds, Full and Part-Time Schedule
- o Discount Tuition for Parishioners including St. James Catholic Church and Our Lady of Perpetual Help Catholic Church Parishioners
- o Sacrament Preparation and Participation in Mass
- o Online Grade and Information System
- o Scholarships
- o Tuition Reduction Incentive & Family Tuition Discnt. - Indiana Choice Scholarship
- o Home and School Association



CATHOLIC
SCHOOLS

Open Registration

Begins January 28th, 2019



School Tours Available

3025 Highway Ave. Highland, IN 46322 Call 219-838-2901
Phone: 219-838-2901

For more information, visit our website at: olgraceschool.org



<https://facebook.com/olgeschool/?fref=ts>

JOB SUCCESS WORKSHOP



GRIFFITH CAREER CENTER
1601 W. 45th Ave. Griffith, IN. 46319

January 30th, 2019

11AM - 12PM

Learn how to increase your job success through identifying your workplace goals, proper business etiquette, time management skills and how to avoid common workplace pitfalls.

For More Information Contact:
P: 219.513.9307 ext. 7409
E: yherma@goodwill-ni.org



**Come dressed for play and fun at
NorthShore Health Centers'
Happy 1st Birthday Baby Celebration!!!**

Thursday, January 31st at 11am

**Merrillville Branch Library
1919 81st Ave,
Merrillville, IN 46410**

**This FREE event includes carnival style
games, infant/toddler activities and photo
booth. Food, birthday treats and
party favor bags also included
while supplies last.**

Get tickets online here: [https://
happybirthdaybaby.brownpapertickets.com](https://happybirthdaybaby.brownpapertickets.com)

**Happy 1st Birthday Baby Celebration Carnival is a very special celebration for babies who turned
age 1 in November and December of 2018 and January of 2019 and their immediate family members.**



**Hall
Chiropractic
Pain Relief
Center**

**1st Annual
FREE PANCAKE
BREAKFAST**



February 2, 2019

8:00 a.m. - 11:00 a.m.

Door Prizes every 15 minutes.

Bring your family and friends!

801 W. Glen Park Avenue | Griffith, IN 46319
219.924.2112 | Call to R.S.V.P.

FUNDRAISING FUN 2019



BOWLING

BENEFITING TRADEWIND'S
RESIDENTIAL SERVICES

GRAB A THREESOME & HEAD TO

STARDUST II

FOR A FUN-FILLED EVENT

3925 EAST LINCOLN HIGHWAY | MERRILLVILLE, IN

MONDAY, FEBRUARY 11th

6:00 pm to 9:00 pm

Check in: 5:00 p.m. - 5:30 p.m.



\$125

INDIVIDUAL

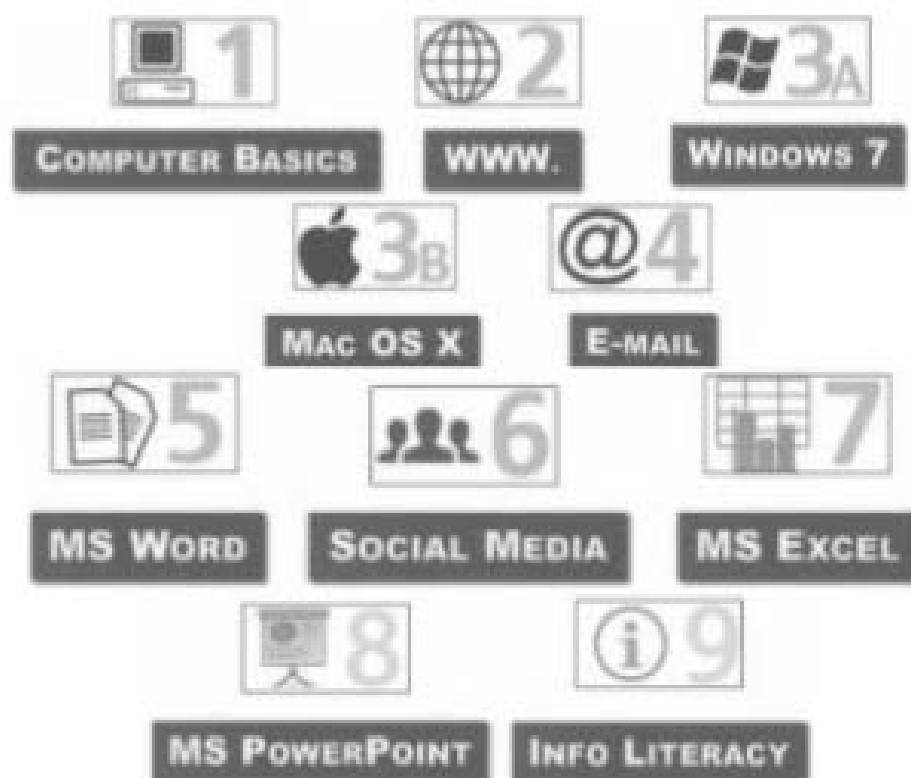
\$300

THREESOME PLUS

TRADEWINDS PARTICIPANT

REGISTER TODAY! Contact Deb Kiefer today! Call (219) 945-3128 or email events@tradewindservices.org

NORTHSTAR DIGITAL LITERACY PROGRAM



WHAT IS NORTHSTAR DIGITAL LITERACY?

The Northstar Digital Literacy Project defines basic skills needed to perform tasks on computers and online. The ability of adults to perform these tasks can be assessed through online, self-guided modules.

Included are basic computer digital literacy standards and modules in ten main areas: Basic Computer Use, Internet, Windows Operating System, Mac OS, Email, Microsoft Word, Social Media, Microsoft Excel, Microsoft PowerPoint, and Information Literacy.

Northstar is an assessment, not a curriculum. When individuals pass the assessments at approved sites, they can obtain the Northstar Digital Literacy Certificate. This provides a credential for employment. There is no cost to complete the online assessments.



GRIFFITH CAREER CENTER

1601 West 45th Avenue
Griffith, IN. 46319

219.513.9307 ext. 7409
yadams@goodwill-ni.org



MONDAY - FRIDAY
9:00AM - 5:00PM

Grow with Google

Why Google?

Grow with Google is an initiative helping people across the US grow their skills, careers, and businesses by offering free tools, training, and events. So come to the Griffith Career Center and see how this program will benefit you.



When

Monday - Friday



Phone

219.813.8307 ext. 7409



Email

ysdems@goodwill-mi.org



Location

1001 West 48th Ave.
Griffith, IN. 46319



Member Happenings

HIGHLANDGRIFFITHCHAMBER.COM

To have your event in the HighlandGriffith Chamber Member Happenings, send a pdf of your flier or announcement to info@highlandgriffithchamber.com. If possible, send your file at least 2 weeks in advance. Include 'Member Happenings' in the subject line of your email. Member Happenings will go out weekly on Monday.

**This is a free service to HighlandGriffith Chamber Members only. The HighlandGriffith Chamber reserves the right to refuse or edit a digital file. The flier must advertise an event or Chamber Member benefit, not a sale or product. (For example: Benefits, seminars and open houses, or events are acceptable. Advertising a product, listing sales advertisements, or fliers requesting sponsorship are not acceptable.)*